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Governor's Message: "Connecting" to District Ten

"Soar to New Heights" we did, in May at the 2009 District Ten Conference in Albuquerque. What a great Conference we had, (yes I am a little biased). Like true Altrusans, we came together and got it done.

Thank you to my Albuquerque Club for the commitment and hard work getting ready and throughout Conference. Thank you to our 'Link' Clubs, Clovis and Roswell for offering and helping us. Thank you to the Retiring District Board, and Club Officers for serving so well. Thank you to the new Board(s), for putting your names up for election, for commitment to serve District Ten and your local clubs. Thank you District Chairs for enthusiastically agreeing to be Committee Chairs for District Ten. Thank you all Past Governors, for your support, advice and confidence in me.

We got tips on how not to be nervous in Public Speaking, were given Strategies for Success in Altusa and personal Leadership opportunities. Another successful Town Hall, hosted by Past Governors. We had a 'Fun Night' at the National Atomic Museum, where we ate well and learned to hula.

We in District Ten were honored to have President Elect Donna Johnson as our International Representative. She shared plans for the marketing needed to move Altrusa forward, and hopes that Altrusans will attend Convention to be part of the decision making for our future.

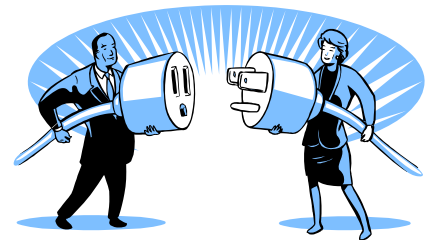
As we begin our new Altrusa year, let's continue to share you Altrusa experiences with everyone you meet. There are Altrusans out there, we just need to find them and bring them on board.

Thank You District Ten, I am honored to be your Governor.

With Altrusa Love,

Ida Bender

Governor, District Ten



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Make all of your travel arrangements through www.altrusatravel.com

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AUGUST

PRESIDENT

- Remind Altrusa Information chairman to review Club's initiation and orientation procedures to make them up-beat and exciting. Start your new members off on the right foot.
- Be aware that a District Officer will make an annual visit to your Club. Please try to accommodate her visit as much as possible. The District will provide a meal at the general Club meeting. She may want to have a time with the President and the Board. If your Club wishes to do something special to acknowledge the Officer's visit, this is acceptable, but not expected. These visits are specifically designed for franch and open discussion. Therefore, it is requested that the program time be given completely to your District Officer.

SERVICE COORDINATOR OR VICE PRESIDENT

- Yearbook should be completed. Be sure name of club, zip code and area code are on the front cover. Send 10 copies to the Governor (this covers District Board and 1 for International. Governor will forward yearbook to International on your behalf.)

TREASURER

- Stay on top of ALL new member forms. Mail them in quickly. Ensure last copy is legible!

SECRETARY

- Send highlights of minutes to the newsletter editor, if requested.
- Send President a copy of minutes prior to each meeting.

SEPTEMBER

PRESIDENT

- September is traditionally Literacy Month.
- Foundation grant requests are due from clubs.

SERVICE COORDINATOR OR VICE-PRESIDENT

- Distribute yearbooks to Club members, if not already done.

TREASURER

- IRS form 990 is due by October 15th, if necessary.

SECRETARY

- Make note if change of addresses, if any, of District Officers/Chairmen.
- Share with Club members through the newsletter.
- Send highlights of minutes to the newsletter editor, if requested.
- Send President a copy of minutes prior to each meeting.

An Open Letter To District Ten Altrusans

District Ten Clubs and Members,

My family and I would like to thank everyone for your prayers and thoughts for our Mom, Maggie Chavez.

It turned out she had a stroke. She spent several days in the hospital and then 15 days at Lovelace Rehab. She is now at home recuperating and doing well. She continues with out-patient rehab and her heart doctor.

**Again thanks to all of you for your concern,
Pat Flammang and Family**

* Summary of Conference Evaluation Forms *

The 54th District Ten Conference, held in Albuquerque, New Mexico,

Excellent/Good

Workshops.....	98%
Ruthie H. Dearing, MHS, JD.....	96%
Fun Night @ Atomic Museum.....	82%
Facilities/Meals.....	81%
Conference Overall.....	94%

Comments:

Workshops: Enjoy the topics that are not aimed at a few members, but that can benefit everyone i.e., “Strategies for Success” and “I Don’t Want to Give a Speech”; always like personal growth and technology changes; keep Town Hall meeting; have concurrent workshops, choices for members; discussion of possible service projects; exceeded expectations. Nice to be part of an outstanding organization, great people; information on District Website; positive thinking; time management; share how other clubs work in group meeting; membership growth, using successful club strategies.

Facilities/Meals: Meeting Rooms were good, some of the guest rooms were not so good; not clean, and staff did not respond satisfactorily; Meals were good

Misc: Really liked having Registration, Show and Sell, Silent Auction and Hospitality in the same room. Would like more time for sharing; more fun and energizing events.

Overall: Great Conference; great first experience, like having First Timers selling raffle tickets;

Results of Election

The results of the elections held at the 2009 District Ten Conference are as follows:

District Ten Governor Elect:----- Donna Herman ~ Montrose, CO
District Ten Vice Governor: ----- Judy Stubbs ~ Roswell, NM
District Ten Director: ----- Reneé Eaton ~ Delta, CO
District Ten Director: ----- Sharon Davis ~ Portales, NM
District Ten Treasurer:----- Judy Griffin ~ Ruidoso, NM

A special thanks to the Elections Committee for running a well organized election:

Vicki Ripp, Chair ~ Delta, CO

Ginny Bush ~ Artesia, NM

Frankye King ~ Portales, NM

2008-2009 District Ten Awards

Communications:

Newsletter: Tucumcari, NM
 Yearbook: Montrose, CO
 Website: Montrose, CO

Mary Ray Attendance: Albuquerque, NM

Nancy Taylor Environmental: Delta, CO

District Membership: Delta, CO
 Pueblo, CO
 Ogden, UT

Hazel Henderson: Palisade, CO

District Ten Net Gain: Palisade, CO

Distinguished Clubs: Clovis, NM
 Grand Junction, CO
 Montrose, CO
 Portales, NM
 Roswell, NM

Jen Hanson: Delta, CO

Nina Faye Calhoun: Montrose, CO

Ethel Fritch/Letha Brown: Delta, CO

Mamie L. Bass: Delta, CO

Governor's Award:

Marian Thompson, Roswell, NM

WELCOME

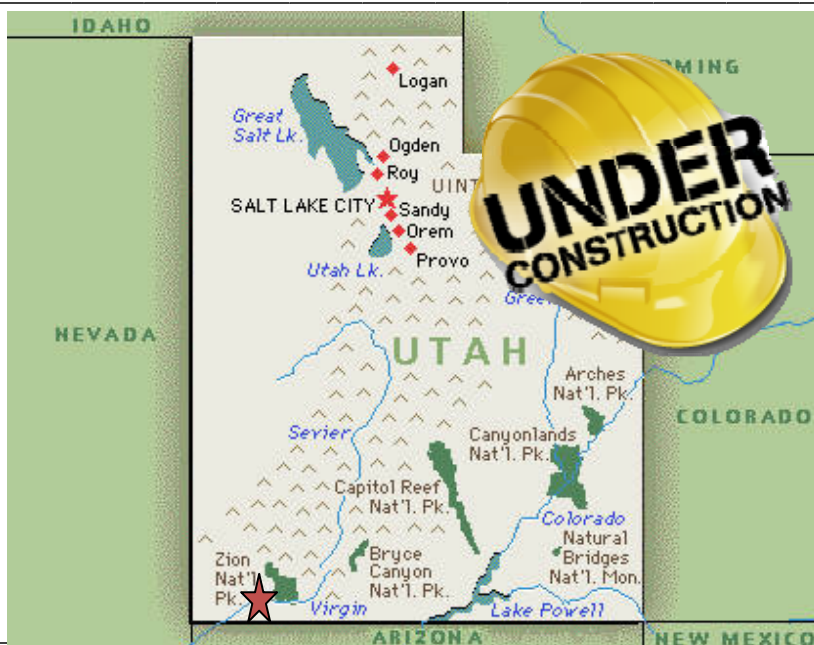
Membership Report

By Judy Griffin, Treasurer District Ten

As of June 1, 2009, Governor Ida Bender has welcomed the following New Members to Altrusa.

Lana Gafford - Delta, CO
 Jonni Dendrick - Delta, CO
 Catherine Parks - Delta, CO
 Edna Phillips - Grand Junction, CO
 Cindy Donohue - Montrose, CO
 Marlys Griggs - Palisade, CO
 Stacy Higman - Palisade, CO
 Tina Massaro - Palisade, CO
 Julie Broe - Palisade, CO
 Irma Goodrich - Portales, NM
 Judy Smith - St. George - UT Affiliate Member
 Leah Saavedra Chavez - Albuquerque, NM
 Leslie Paternoster - Portales, NM
 Debbie Jensen - Ogden, UT

If your club has a new member not listed here, be sure to send the New Member Information sheets to the District Treasurer, the International Office and to Governor Ida Bender to ensure that the new member receives a welcome letter and so that the membership numbers are accurate.



Club Building!

Speaking of New Members! We are proud to announce the 'Construction' of a New Club in District Ten. We are asking every Altrusan in District Ten to help connect us with contacts in and around St. George, Utah (approximation shown by big, dark-red star in bottom left of the map.) Our 'New' Affiliate Member, Judy Smith has returned to Altrusa and is determined to start a club in St. George. Plans are well under way in this endeavor.

See the letter of introduction, sent to all Club Presidents, on Page 5.

July 1, 2009

District Ten Club Presidents

Greetings:

I hope each of you is starting your term on a positive note, getting your clubs ready to go.

My purpose in writing is to share with you and your club good news about club building plans in District Ten. I'm pleased to announce that work has begun to organize a club in the St. George, UT area! Judy Smith, a former Altrusa member of the Montrose and Jefferson County, CO clubs, moved to St. George in 2000. Judy had wanted to begin organizing the club in 2007 but family health issues prevented the start - up. She is now back in full swing. I understand from my conversations with Judy that St. George has many people relocating to the area every year - both from out - of - state and northern Utah. She is asking for your help.

If you have a friend, family member or co - worker that has relocated to St. George or a business contact that you work with in the St. George area, please pass the contact information along to Judy. Please share this information with your membership about the plans for the new club. You might consider a brief article in your club newsletter announcing the new club plans. I have provided Judy with your names and addresses so she may be contacting you directly if the need arises. Please feel free to contact her as well, her information is below.

By way of background, Judy is currently an affiliate member of Altrusa and plans to attend the International Convention in August. As she shared with me, Altrusa was such a big part of her life, she had to bring Altrusa to St. George. Judy was very active at the local, district and international levels since first becoming an Altrusa in 1986. She served two terms as President of the Jefferson County, Colorado club, District Ten Communications Chair, New Club Building Chair, District Ten Director and International Communications Vice - Chair.

I have approved the plan and it is currently in the hands of the International Membership Development Chair and International Office. International Vice President Dona Garretson has been actively involved in this effort and shares my excitement of the prospect of a new club in District Ten.

Judy Smith
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Yours in Altrusa Service,

Ida Bender, Governor District Ten
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2009 Governor's Award

Nominees - Altrusans in the Spotlight!

Marian Thompson, Roswell, New Mexico



Marian Thompson of Altrusa International, Inc. of Roswell, New Mexico has been an Altrusan for 26 years. She has served on various committees and offices and served as club President from 1986 to 1987. She was a charter member of the Altrusa Club's Foundation and is now serving her fourth term as president of that board. On the District level she currently serves as a Director and the Foundation Liaison.

As part of both the Vocational Committee and the Foundation, she regularly participates in the scholarship applications and awards process. Marian's enthusiasm for Altrusa is apparent by her contributions to the Orientation Committee. She volunteers for the club's book sale for the Friends of the Library and worked on developing the Club's strategic plan.

Marian's community involvement includes chartering two La Sertoma Clubs in Roswell, bringing the first Bloodmobile to Roswell, serving on the Literacy Council Board, and serving as president of the United Way Board.

As one member said "she is the epitome of what makes up an Altrusan."

Ida Bender, Albuquerque, New Mexico



Ida has been a great asset and a committed member to the Altrusa International, Inc., of Albuquerque Club since 1988. She served as President in 2001 – 2003 and is currently District Ten Governor-Elect. While chair of the Literacy Committee, Ida was responsible for starting a "Join A School" partnership with Mountain View Elementary School. She was also instrumental in identifying monies to purchase a hard back dictionary for every third, fourth and fifth grade students.

She has sponsored new members and is always searching for ways to building the Club's membership. She has been on talk shows, passed out Club pamphlets at health fairs, sponsored workshops and invited guests, just to let others know about Altrusa.

Whenever she finds some spare time in her busy schedule she volunteers at the New Mexico Community Health Workers Association (NMCHWA) "Mano en Mano Thrift Store". This last week, she received an Award on Volunteerism from the Mayor.

Val Burnell, Montrose, Colorado



Val has been an Altrusa member for 22 years. She has served as president and almost all other offices. She has supported her club by serving as chair of most major committees, including serving as the ASTRA Chair for 6 years and as International Relations Chair for 4 years. As ASTRA Chair she has been instrumental in creating a high school club whose outstanding service projects have garnered four 1st place awards in Altrusa International competitions. As International Relations Chair, Val has led the committee to win 1st place twice at International Convention.

Val's community service includes working for 8 years with at-risk youth at Outward Bound, as well as a long time involvement with Junior Archery and Junior Olympic Archery. She is involved with Friends of Tibet and is a Nepal activist. With all of this she finds time to substitute teach advanced English classes.

(Continued from page 6)

Carol Chapola, Grand Junction, Colorado



Carol is described as 'quietly' dedicated. In 2001 she volunteered to become an Altrusan and has been going strong ever since. She has dived-in head first as a working member of the club with her hand in every project, large or small. She has been President, an Art Fair project committee member, Auditing committee member, Communications Chair and has shouldered the duty of the Newsletter for three years.

Her studious nature as a private practice Nutritionist for Mesa State College is a lead-in to her devotion to peoples' health and well-being. She has advised, supplied and worked the annual Altrusa sponsored Family Health Fiesta.

With her quiet, yet intellectual demeanor, she is an example to us all why we volunteer. Not for the spotlight.....but for the service to her club and her community.

Dorothy Dunfelder, Delta, Colorado



Dorothy has been a loyal, active, and inspiring member of Altrusa for more than 18 years. She has served as President, Chair of the Service Committee, Chair of the Finance Committee, as well as heading up different task forces.

She helped with the renovation of the entrance to the local living history museum. Dorothy has managed or assisted in managing the catering of the club's largest fundraiser, The Sugar Plum Festival. She has sponsored more than a dozen new members to Altrusa.

Dorothy serves on the Delta Library's Advisory Committee, is a member of the local P.E.O. Chapter, volunteers at the Delta Museum, held office in The Friends of the Library, and has created a cookbook for the Delta County Memorial Hospital Foundation. The hospital Foundation Board has named their scholarship after Dorothy. Most recently, Dorothy was recognized in the community by being nominated for Volunteer of the Year.

Deborah Helton, Colorado Springs, Colorado



Deborah Helton has been an asset to the Colorado Springs club since she joined Altrusa. She has held the officer position of Treasurer and has been the Chair of the Fundraising and Finance Committees for the past four years. She has taken the responsibility to ensure the success of our biggest fundraiser, Luminating for Literacy. She single handedly obtained a \$1,000.00 donation. She has sponsored several new members.

Deborah is a CPA at a local Accounting Firm and mentors new Accountants. Recently, Deborah was recognized as a Rising Star in the Colorado Springs Business Journal. She is also a member of the Optimist's Club and University of Colorado, Colorado Springs Advisory Board.

Deborah is a mentor for new members and is enthusiastic about everything she does.

Frankye King, Portales, New Mexico



Since joining Altrusa in 1973, Frankye served as President and Vice-President two times as well as Secretary, and on all major committees. Through her efforts, the Roosevelt County ASTRA club was organized in District Ten with over 60 members. She served as District Ten ASTRA Chair in 1999-2001, on the District's Nominating and Elections Committees, and Chair of Altrusa Information. She feels strongly about the importance of orientation for new members, and has conducted numerous special events through the years to educate both new and current members.

Besides her involvement in Altrusa, Frankye is very active in her church. Other community involvement includes Good Sams camping club, Campfire, Roosevelt County Chamber of Commerce Green Coat Committee, New Mexico Ag-Expo Committee, Portales City Council Planning Commission and Golden Acres Retirement Board of Directors.

Remembering Our Departed Altrusans for the 2007-2009 Biennium

Pamela Bernier, Portales, NM - Georgia Blackaby, Portales, NM - Clytie Calton, Portales, NM

Jo Pavetti, Grand Junction, CO - Zada Haws, Ogden, UT

Linda Green, Roswell, NM - Opal Lankford, Roswell, NM

2009-2010 CLUB VISITS

As clubs are planning their programs for the year, keep in mind that a member of the District Board will be visiting. District visitors will be contacting clubs to arrange a date with their designated clubs. Please help by being accommodating with scheduling challenges.

Club visits are very important for the clubs and for the District Board. District visitors come prepared to share information on the International and District levels as well as provide help in areas of need. Club visits also allow the District to assess the needs of the clubs. District Ten Policies state:

1. The Governor shall visit each club in the District. She shall have three years to accomplish the visits – one year as Governor-Elect and two years as Governor.
2. A District officer will visit each club annually.
3. The District shall pay travel and lodging for club visits. Expenses for other requested visits from District officers are borne by local clubs.
4. Local clubs are asked to furnish housing when possible and if requested by their visiting officer.

The local club pays for the meal for their visitor when applicable.

Following are the clubs and this year's scheduled visitors:

COLORADO

Colorado Springs	Governor Ida Bender
Delta	Gov. Elect Donna Herman
Grand Junction	Gov. Elect Donna Herman
Montrose	Gov. Elect Donna Herman
Palisade	Gov. Elect Donna Herman
Pueblo	Vice Governor Judy Stubbs

NEW MEXICO

Alamogordo	Governor Ida Bender
Albuquerque	Vice Governor Judy Stubbs
Artesia	Governor Ida Bender
Clovis	Director Reneé Eaton
Portales	Governor Ida Bender
Roswell	Director Sharon Davis
Ruidoso	Governor Ida Bender
Tucumcari	Vice Governor Judy Stubbs

UTAH

Ogden	Governor Ida Bender
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Why are Club Activity Reports Important?

By Judy Stubbs, District Vice Governor

The 2008-2009 District Summary of Clubs Activity Reports was submitted to International on June 15th (email is a great invention!). Of the 15 Clubs in District Ten, 13 submitted Activity Reports to me and were incorporated in this report.

Following, I'm going to share highlights of these reports because I believe we all need to give ourselves a great big pat on the back!

Of these 13 Clubs:

10 submitted entries for the Mamie L. Bass Service Award

7 submitted entries for the Letha H. Brown Literacy Award

10 initiated a new service project this past year

12 had a "Make A Difference Day" project

Also, from these 13 clubs, 23,259 hours of community service were completed. That's an average of 1,789 hours per club and that equates to an average of 447 hours per week for District Ten or more than 34 hours per club per week! I believe that means we are truly developing leadership through service and making a difference in our communities.

Now, another really great figure is that these Altrusans also contributed 16,378.5 member service hours within Altrusa, and 25,053 volunteer hours outside of Altrusa. That boils down to 105 hours per month per club of member time and more importantly almost 161 hours per club per month of volunteer hours.

All 13 clubs that reported have monthly Board Meetings, had members attend district workshops, contributed to our International Foundation, and we have 128 members serving on other local boards. Five clubs met their membership goals and 3 clubs had a 15% or more net increase in membership.

So, as you can see, it is really important to keep records of our Altrusa Club activities – I think it's a great way to show potential members the real impact of Altrusa and what being a member really does. So I encourage you to develop a process of collecting this data every meeting and sharing our good work with others.

Reminder:

Instead of using Google to search the internet, go to www.goodsearch.com and enter "Altrusa International Foundation" when you are asked "who do you goodsearch for."

ALTRUSA INTERNATIONAL, INC. DISTRICT TEN CHAIRMEN 2009- 2011



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