



# AltruNews

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## Governor's Message: *We Went for the Gold!*

ALL fifteen District Ten Clubs went “for the Gold!” in Colorado Springs. Some of them came away with prizes. We all won because we came together in the spirit of friendship and fellowship and sharing. What a wonderful conference we had! The small-but-mighty struck again--in the form of the Colorado

Springs Club – led by Co-Chairs Kelly Harms and Mercie Curbow. Meike Alberts stepped up while Kelly was busy getting married, and Past Governor, Connie McIntire, was the experienced advisor. Duties were doled out, and the entire club should be proud of their work.

Director, Terri Houston, was International Representative, and informed the Board and membership about International news and the future of Altrusa. She willingly stepped up to help when she saw a need, and did you see her “steps” in the line dance at Fun Night?

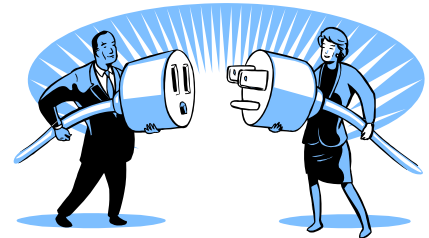
Our speakers kept us climbing the mountain, remembering to stop and relax and take care of our bodies, so that we can “Revitalize” ourselves and our clubs. Thanks to all who made this a successful Conference in Colorado Springs.

Now, as we all get settled into our new positions as club leaders – planning on-going projects and implementing new ones, we are all busy and sometimes feeling overwhelmed. Some have even managed to sneak in some vacation time.

As all members and new officers prepare for another new year in Service, look to your District Officers and Chairs for guidance and assistance. Sometimes, a quick email is all you need to answer a query or solve a problem.

The Officers are beginning to schedule club visits. Look for your Governor, Governor Elect, Donna Herman, Vice-Governor, Judy Stubbs, Service Director, Reneé Eaton, and Foundation Liaison, Sharon Davis, to be contacting you. You may bring up any issue with any of us. We will find the answer for you.

*Ida Bender*  
District Ten Governor, 2009-2011



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**Make all of your travel arrangements through [www.altrusatravel.com](http://www.altrusatravel.com)**

# District Ten Officer "To Do" List



## AUGUST

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### **PRESIDENT**

- Remind Altrusa Information chairman to review Club's initiation and orientation procedures to make them up-beat and exciting. Start your new members off on the right foot.
- Be aware that a District Officer will make an annual visit to your Club. Please try to accommodate her visit as much as possible. The District will provide a meal at the general Club meeting. She may want to have a time with the President and the Board. If your Club wishes to do something special to acknowledge the Officer's visit, this is acceptable, but not expected. These visits are specifically designed for franch and open discussion. Therefore, it is requested that the program time be given completely to your District Officer.

### **SERVICE COORDINATOR OR VICE PRESIDENT**

- Yearbook should be completed. Be sure name of club, zip code and area code are on the front cover. Send 10 copies to the Governor (this covers District Board and 1 for International. Governor will forward yearbook to International on your behalf.)

### **TREASURER**

- Stay on top of ALL new member forms. Mail them in quickly. Ensure last copy is legible!

### **SECRETARY**

- Send highlights of minutes to the newsletter editor, if requested.
- Send President a copy of minutes prior to each meeting.

## SEPTEMBER

### **PRESIDENT**

- September is traditionally Literacy Month.
- Foundation grant requests are due from clubs.

### **SERVICE COORDINATOR OR VICE-PRESIDENT**

- Distribute yearbooks to Club members, if not already done.

### **TREASURER**

- IRS form 990 is due by October 15<sup>th</sup>, if necessary.

### **SECRETARY**

- Make note if change of addresses, if any, of District Officers/Chairmen.
- Share with Club members through the newsletter.
- Send highlights of minutes to the newsletter editor, if requested.
- Send President a copy of minutes prior to each meeting.

### **Attention Club Presidents**

**Make sure you have sent your new 2010-11 Officer list to Governor, Ida Bender, and to Bonnie Jones, Web Site Admin.**

## Attention: Club Presidents & Treasurers!

### International Convention Fee

By International President, Donna Johnson

President, Donna Johnson, advised that the International Board approved an increase in the International Convention Fee (formerly \$20 US per club) to \$30 US per club effective June 2011. This is the first time in 20 years that the fee has been increased. This fee covers the fixed costs incurred in organizing convention. The Club Treasurer's guide will also need to be updated.

## Summary of Conference Evaluation Forms

The 55<sup>th</sup> Annual District Ten Conference  
Colorado Springs, Colorado

Thanks to all the District Ten Members, Especially First Timers, who Attended

Workshops.....	86%
Brian Embry Mountain Top.....	100%
Fun Night-Denim and .....	100%
Facilities and Meals.....	90%
Conference Overall.....	100%

### Comments:

Members of Colorado Springs did a superb job assisting all - Always available for requests - help etc.

Hats off to Colorado Springs!

Have "Committee" on Friday, i.e. (Revitalization, Altrusa 101) and dynamic speaker on Saturday.

Colorado Springs Club - Excellent job!

Board's part seemed not very well organized

A Big thank you to the Altrusa Club of Colorado

Spring for a job well done - in organizing and facilitating the whole 4 days

I so enjoyed the loving feeling of the group as a whole and how the organizers put such thoughtfulness into all details

Fun Night - Good food and fun;

What a speaker, What a story (Embry)

Great job, Super fun night, Great Host Club!

All in all - SUPER

**First Timer:** "Really enjoyed the camaraderie with fellow Altrusans. Learned so much about Altrusa . . . a great experience!"

**Your District Ten Board is reviewing ALL your comments to make the next Conference what the members want.**

## 2009-2010 District Ten Awards

### Communications:

Newsletter:

1<sup>st</sup> Artesia—2<sup>nd</sup> Montrose—3<sup>rd</sup> Clovis

Yearbook:

1<sup>st</sup> Montrose—2<sup>nd</sup> Roswell—3<sup>rd</sup> Delta

Website:

1<sup>st</sup> Roswell—2<sup>nd</sup> Montrose—3<sup>rd</sup> Delta

**Longevity:** 50 yrs Alamogordo

**Mary Ray Attendance:**

1<sup>st</sup> Pueblo-2<sup>nd</sup> Albuquerque-3<sup>rd</sup> Tucumcari

**Nancy Taylor Environmental:** Tucumcari

**District Membership:** Montrose

**Hazel Henderson:** Montrose

**District Ten Net Gain:** Montrose

**Distinguished Clubs:**

Clovis—Delta—Grand Junction

Montrose—Portales

**Jen Hanson:** Ruidoso

Albuquerque (Honorable Mention)

**Nina Faye Calhoun:** Montrose \$100

Grand Junction (Honorable Mention)

**Ethel Fritch/Letha Brown:**

1<sup>st</sup> Delta-2<sup>nd</sup> Clovis-3<sup>rd</sup> Colorado Springs

**Mamie L. Bass:**

1<sup>st</sup> Montrose-2<sup>nd</sup> Delta-3<sup>rd</sup> Grand Junction

**New Sponsor Recognition Program:**

Judy Griffin, Donna Herman, Elaine Moore,

Lois Sappington, Frances Apodaca

**Governor's Award:** Donna Herman, Montrose

## **Altrusa District Ten - Membership Chair Report April 26, 2010**

Spending the 1<sup>st</sup> year as Membership Chair has been more of an educational year for me. Organizing and learning where District 10 would benefit most by adding new clubs and which clubs could possibly use some revamping in order to grow Altrusa in our district. A few of the places I have considered are: Cheyenne, Wyoming, Canon City, Colorado, the Northfork area in Delta County, Denver area, Woodland Park, Colorado, and Iowa City, Iowa. I have a few contacts in these areas, but need to pull together as a group to expand my list of contacts & those willing to spend time in these areas to grow Altrusa District 10. By enlisting current members in clubs close to these areas will greatly increase our chances of growing.

With my vice-chair getting married last year & my own personal responsibilities time was not available for us to travel. We will come up with a schedule and plan to visit these areas. By using the "Rebranding" and marketing tools given to us from International I feel confident we can build District 10 Altrusa.

I can't do it alone and do not want to go at it alone. Altrusa International District 10 is a group of volunteer service providers for each of our communities. Let's all help our neighbors fulfill their desire to give back to their community and make a huge impact.

## **Results of Election**

The Results of the elections held at the 2010 District Ten Conference are:

District Ten Nominating Committee:


Marian Thompson, Roswell, NM Chair  
Dorothy Dunfelder, Delta, CO Member  
Thelma Starner, Delta, CO Member

Altrusa International Foundation Trustee:

Connie McIntire, Colorado Springs, CO

**Big Thank You!**

**To Nola Daily, Grand Junction, CO**

for accepting the Elections Committee Chair position on short notice and, with the help of Christine Grebenc, Pueblo, CO,  conducting an organized election.

# WELCOME

## **Membership Report**

By Judy Griffin, Treasurer District Ten

As of June 15, 2010, Governor Ida Bender has welcomed the following (37!) New Members to Altrusa.

Benita Brennan, Albuquerque  
Carolyn Shearman, Artesia  
Phil Dover, Clovis  
Jerrod Nutt, Clovis  
Mary Carson, Colorado Springs  
Karen Serfass, Colorado Springs  
Karen Basher, Delta  
Mary Dow, Delta  
Jamie Hollier, Delta  
Shannon Mansker, Delta  
Lindsay Roberts, Delta  
Deborah Shaffer, Delta  
Teri Stephenson, Delta  
Jana Ackerman, Montrose  
Gigi Bechthold, Montrose  
Priscilla Cozzens, Montrose  
Karen Connor, Montrose  
Mary Lee Freudenthal, Montrose  
Mary McKelvy, Montrose  
Carolyn Otero, Montrose  
Sandra Tyler, Montrose  
James Wilkinson, Montrose  
Danielle D. Hernandez, Palisade  
Lory Adams, Portales  
Julie Bridges, Portales  
Elly Helton, Portales  
Linda Learning, Portales  
Bette Martinez, Portales  
Linda Short, Portales  
Sharon Smith, Portales  
Julia Fluke, Pueblo  
Cathy Hamilton, Pueblo  
Barbara Dickinson, Ruidoso  
Beverly Linley, Ruidoso  
Kim Hanna, Tucumcari  
Bunni Morris, Tucumcari  
Vicki Watson, Tucumcari

If your club has a new member not listed here, be sure to send the New Member Information sheets to the District Treasurer, the International Office and to Governor Ida Bender to ensure that the new member receives a welcome letter and so that the membership numbers are accurate.

# 2009 Governor's Award

## Nominees - Altrusans in the Spotlight!

### Donna Herman, Montrose, Colorado

When Donna Herman was asked to become an Altrusan, she already knew that she liked to help other people in any way possible. What she realized in a very short time after that was that the Community Service she was previously able to accomplish on her own was multiplied with membership.



Since her initiation in 1992 Donna has contributed to many achievements of our club. She has served her fellow Montrose Altrusans in the elected positions of Secretary, Treasurer-Elect, Treasurer, First Vice-President, President-Elect and President. As Immediate Past President she was Chairperson of the Dusty Gavel Committee, which is the association of all past presidents of the club. She has chaired many other committees including Christmas Baskets, Salvation Army Bell-Ringing, Club Christmas Party, New Club Building and Initiation just to name a few. She has participated in other fundraisers including Altrusa Golf Tournament, Holiday Festival and Spring Luncheon. When asked what her favorite committees were she replied Holiday Festival and Spring Luncheon because of the high percentage of member involvement.

Donna has also served her fellow Altrusans in District Ten by holding the following positions: Director, Vice-Governor and Governor-Elect. She has served on the District 10 Finance Committee, Strategic Planning Trainer, Archive Chair, and Foundation Liaison with International as well as International Grant Reviewer. The responsibility as district officer that she loves the most is the club visits. While visiting clubs she enjoys sharing information, camaraderie and the extra time that is available to get to know the other members of District Ten.

Donna exhibits her leadership skills by attending District Conference and International Conventions to become current with Altrusa Bylaws and Policies. She is anxious to share this information with the members that are unable to attend.

During her eighteen years of Altrusa membership, Donna has sponsored fourteen members. Donna is dedicated to the growth of Altrusa and one of her proudest moments was the chartering of a new club in Gunnison, CO. She was the chair of New Club Building and was responsible for the formation of this new club. Donna has always had a passion for service and continued many community projects outside of Altrusa including volunteering at an elementary school, teaching crafts and ceramics at church and in a nursing home, being President of her Homeowner Association and serving as Secretary of Montrose Business Associates. In recognition of her tireless service, she was awarded the Volunteers of America National Award in 1997.

In spite of her diligent commitment to service, Donna owns and operates a successful accounting business. Even during the busiest times of the year she remains committed to the activities of our Club and District. She has also completed the annual audit of books for both Club and Foundation on occasion.

Donna Herman is deserving of the Governor's Award for District Ten because her very nature exemplifies our theme: Leaders in Service three very powerful words that describe not only what she does in our club but our community and district as well.

### David Mangum, Delta, Colorado



David Mangum has been a loyal member of Altrusa Intl. of Delta, CO Inc. since 1993. While serving as Club Treasurer he converted all of our financial records to Quickbooks accounting program during his term. He has served as Club Finance Chair as well as 2<sup>nd</sup> and 1<sup>st</sup> Vice-President and Club President in 2003-2004. Most recently David has stepped up and served as Club Membership Chair and next year will be Club Service Chair. He has been an active participant on all our local committees more than once.

While David has been very busy at the local level of Altrusa, he also has served at the District level as a Board

*(Continued from page 5)*

Member in 2005-2006 and District Treasurer in the 2006-2008 biennium. Our Club was extremely proud of David stepping up to the District level and serving on the board as well as receiving an International ribbon in 1995 for Public Relations. Even before serving on the District Board, David was a familiar face at conferences, especially since he was the only man there!! He has served numerous times as a Delegate to Conference as well.

David has generously hosted the Four Club Social (Delta, Grand Junction, Montrose and Palisade) at his home every summer for several years. This get together is really fun and all the area Clubs look forward to seeing each other and sharing ideas as well as a great meal. Over the years David has sponsored more than six new members to our Club, four of whom are currently members. As one of the few male members in Altrusa, David has not shied away from Service to Altrusa; he has set a great example of what EVERY member can achieve.

David has lived in Delta for many years and enjoys playing the organ at his church and other area events. He also has a passion for community theatre and has been in many area plays over the years as well as the annual Melodrama for our Community event of Deltarado Days each July. He participates in all of Altrusa's fundraising events, over and above the average member. David lives in a historic home in downtown Delta, and his porch has always been open as a drop off point for various items that need gathered for an event. Most recently our area ASTRA clubs held a bake sale and David's porch was full of baked goods. He also has been gracious enough to have his home on our Christmas Home Tour.

As we all know, sometimes when a member has gone up through the ranks of Altrusa and served as President, they seem to take a break, but not David. He has been active throughout his membership and is always a familiar face at our meetings which he rarely misses. He has always said that Altrusa has given him more than he has given to it, but that means he has received an abundance because, honestly, what would Altrusa International of Delta be without David Mangum?

### **Rose Marie Martinez, Pueblo, Colorado**



Altrusa International Inc. of Pueblo selected Rose Marie Martinez as our 2010 nominee for the Altrusa District Ten Governor's Award because "Rose Marie will do it" Rose Marie works willingly to keep our club operating efficiently. She stands in for the treasurer to collect money for dinners; calls members about dinner reservations and special meetings or events; takes notes at meetings for the newsletter editor and on and on. This may seem natural to her because she retired from the Pueblo YWCA in 1991 as Executive Secretary. She had been employed there for 44 years.

Rose Marie became an Altrusan in 1974. She was sponsored by former District Ten Governor Louise Millinger who was a member of the YWCA Board at the time. In her 36 years of membership in the Pueblo club, Rose Marie has held every office except treasurer and has chaired almost every committee. She is a frequent and willing member of the annual audit committee and often on the nominating committee. Her main job now is calling members each month for dinner reservations.

Two community oriented projects that Rose Marie was actively associated with were the Posada parade in December and the Wake Up With Pueblo breakfast in warm weather. Started by one of the YW board members, the Posada features young people from the community: a young woman riding a donkey and a young man leading them through the down town streets to the lawn of the county court house where they are joined by a choral group to conclude the journey.

The Wake Up With Pueblo breakfast was begun in the 1980's to increase interest in tourism in our community. It was held monthly on a Friday morning at 6:45 am and was open to all who were interested in tourism. The local law enforcement people were asked to stop an out of state car travelling through Pueblo and escort the occupants to the breakfast where they received a rousing welcome, breakfast, and a gift basket. Rose Marie helped with reservations and donations for the baskets for 15 years. For her diligent support of our club, her community service, and her faithful attendance at all Altrusa meetings and functions, the members of Altrusa International, Inc. of Pueblo are proud to enter the name of Rose Marie Martinez in competition for the 2010 District Governor's Award.

# ASTRA Accomplishments

## Montrose High School Top Three:

- Making 35 wreaths, selling those 35 wreaths to be able to purchase Christmas gifts for 35 needy children.
  - Folding 300 pocket flags for our military personnel stationed overseas.
- Packing 28 "cases" with a blanket and personal care items for Curtis' Cases and gave to our local Health & Human Services office for children who are taken from their home and placed temporarily.

## Cedaredge High School Top Three:

- Teaching local preschoolers & elementary school students the value and importance of service to others - this was done through a fund-raiser to help a fellow preschooler who is diagnosed with an inoperable brain tumor.
  - Hosting a "Senior" Prom at a local nursing home
- Collecting items for and creating "Kits for Haiti"

## Delta Opportunity School Top Three:

- Started "Food for Thought" program - this is similar to many other backpack programs springing up around the state. A backpack of nonperishable food items is given to students at local schools for whom their only meals might be the free/reduced breakfast and hot lunch they receive at school. The ASTRA club collects and stores the food and administers the program. Currently, 120 children are being served at over 4 schools.
  - Started "Adopt a Grandparent" program - students are paired up with residents at a local nursing care facility to build a "grandparent" relationship together.
- Every week the ASTRA members stock all donated food items at the local food pantry. Talk about heavy lifting!

## Delta High School ASTRA Top Three:

- 1st Annual "Crawford Avenue Cleanup" for Earth Day. With help from the DOS and CHS ASTRA clubs, the members of the DHS ASTRA club cleaned up 3800 pounds of trash and debris on a quarter mile strip of road.
- Pet Food and Supply Drive. With the help of the generous citizens of the City of Delta, the ASTRA club collected food, supplies, toys, and treats to benefit the Delta Humane Society.
- Family Drug Court "Reward Kits" - ASTRA members created 50 reward kits filled with comfort items for the participants in the Delta Family Drug Court program. These rewards go to participants in the weekly program who meet their goals (going to counseling, staying sober, attending meetings, and etc). The participants are in the program because they are working hard to get sober and regain custody of their children.

Respectfully Submitted,  
Jessica Shaffer, District Ten ASTRA Chair

## Reminder:

Instead of using Google to search the internet, go to [www.goodsearch.com](http://www.goodsearch.com) and enter "Altrusa International Foundation" when you are asked "who do you goodsearch for."

## So What Do I Get for My International Dues Any Way?

By Donna C. Johnson, President, Altrusa International, Inc.

One of the most frequent questions I get from districts, clubs, and members is an inquiry regarding what benefits there are for the payment of International dues. This question comes up especially often at this time of year, the time when International dues are to be paid for the next year.

This year, I started a list of specific benefits and I plan to add to it every time I think of another “payback” we get from our dues. If you think of one that I haven’t listed here, please send it to me at [president@altrusa.com](mailto:president@altrusa.com).

\$2 million dollar liability insurance policy for club and district events.

Covers your club for accidents that may happen at a club sponsored event

An on-line “quick-quote” for single day event categorized as Charity Benefits, *Auctions and Sales* for 300 attendees was \$450.

Privilege of identifying your club as an Altrusa club

Use of the Altrusa trademark and logo

Support staff to answer questions for members, committee chairs, board members

Support provided to International Foundation who in turn

provides the 501 (c) (3) umbrella status under which clubs can easily establish a club foundation.

provides grants to clubs for service projects

Web site

referral point for prospective members

on-line shopping for Altrusa materials and supplies

access to Altrusa information, publications, and forms

access to update your personal information with Altrusa

Tools for use by clubs and districts

Encyclopedia

Club Revitalization Manual

Bylaws

includes model district bylaws

includes model club bylaws

ASTRA Manual

Recruitment Tools

Modern, stylish professionally designed brochure and rack card

Letterhead, envelopes and mailing labels

Public Service Announcement samples

Sample recruitment letters

For prospects you have met

For prospects you have not met

Altrusa business cards

International Altrusan magazine

Club Presidents’ E-News

Educational and motivational materials for club presidents

Useful to share with other officers and committee chairs

Useful for club newsletters

Useful for District Service Bulletins

Marketing support (beginning 2009) and long range strategic planning

Biennial Convention

# ALTRUSA INTERNATIONAL, INC. DISTRICT TEN CHAIRMEN 2009- 2011



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