



Albuquerque Altrusans In Action

Jan/Feb 2010

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PRESIDENT'S MESSAGE

Dear Fellow Altrusans:

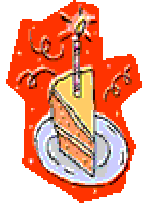
It seems like yesterday that we were putting our Christmas decorations away and celebrating the New Year. Here it is February, and we are getting ready for Valentine's Day. We look forward to being very busy during the next three months. We will continue to sell our pecans and fruitcakes. It has been decided that the Lena Clave Vocational Service Scholarship Award will be presented during our spring luncheon/fashion show which will be held on March 20th. In the meantime, B.J., Vocational Services Chair, will select the individuals who will assist in reviewing the applications to determine who is selected for the award. The membership will soon be voting on the recipient(s) of the International Relations Award. Then it is time to start working on the luncheon/fashion show, gathering raffle gifts and door prizes and selling....selling....selling tickets.

There has been a slight change in our agenda for our Program Meetings. The Program Meeting on the second Monday of the month will consist of the Program only.

Business, unless it is of an urgent nature, will be placed on the agenda to be discussed during the Business Meeting on the fourth Monday. There will be exceptions to this at times, but when we have guest speakers I want them to have enough time to give their presentation and give us the time to enjoy it.

Our sincerest condolences to Leah and Pat on the loss of their beloved Levi, step-son and nephew and also to Frances K. on the loss of her partner, Mike. Our thoughts and prayers are with you during this difficult time.

Yours in Altrusa,
Annabell



Happy Birthday to our members
January
Pat Flammang 26th
Benita Brennan 11th

February
Leah Chavez 4th
Carolina Ware 25th
Sue Stone 26th

On January 11th at our meeting we will celebrate our clubs 80th Birthday. Happy Birthday Altrusa International, Inc. of Albuquerque.

From Columnist, Harvey McKay

If you read five books on one subject, you are one of the world's foremost leading authorities on that subject.

If you read just one book per month for 12 straight months, you will be in the top 25% of all intellectuals in the world.

If you read just 15 minutes a day – every day, for one year – you can complete 20 books.



On January 18th the country will celebrate Martin Luther Kings Birthday.

Minutes of 1/11/2010 meeting

Members Present: Judith Mead, Frances Apodaca, Annabell Poteat, Frances Kurts, Leah Saavedra-Chavez, Carolina Ware, Janet Sanchez, Ida Bender, BJ Ciesielski, Sue Stone, and Pat Flammang..

No further business to discuss.

Minutes recorded by Pat Flammang

Guest: Savannah Armenta

Judith presented slides on her trip to Burma. It was very interesting and informative. We get to see the world through Judith's eyes!!! What a treat!

Today was Altrusa's 80th Birthday! The cake was yummy!!

The dinner was great Annabell!!

Leah and Pat would like to thank you for your condolences and the plants.

Accent: Annabell discussed why the Altrusa Collect is presented at each meeting.

Annabell also stream lined the agenda for our meetings. When there is a presenter/guest speaker, no business will be discussed.

Start thinking of where we would like the fashions to be from for the Spring Fashion Show, March 20th. Bring your ideas to the 1-25-10 meeting.

Sue Stone will hostess the 1-25-10 meeting. Please remember to R.S.V.P.



Altrusa Meeting, January 25, 2010

Members Present: Frances Apodaca, Judith Mead, BJ Ciesielski, Leah Saavedra-Chavez, Pat Flammang, Idea Bender, and Sue Stone.

Accent: Sue presented accent “Altrusa’s Image”

Thanks for the pizza and cookies Sue!

Minutes of 1/1/10 accepted as e-mailed.

Correspondence: Judy received a letter of recognition for the Foundation donation on behalf of Judith Stubbs.

Financial Report: General Budget: Judith Mead added a new line item in the income category, for donations to the Mary Ray Award.

Committee Reports:

Vocational: Nursing scholarship money is available for disbursement. BJ has received several applicants for the nursing scholarship. Members agreed that the scholarship will be presented at the March 20, 2010 Spring Fashion Show.

International: Decision was tabled until there are enough members to vote on choices for donations to these organizations: Foundation for the People of Burma, Tres Islas Orphanages and Kenya-Dr. Brody. BJ will invite Amelia Guzman and her brother Jonathan Guzman as guest speakers for February 8th meeting.

Literacy: Dictionaries were delivered to Van Buren Middle School. Ida will let members know when the dictionaries will be

given to students. Judith has ordered Altrusa stamps to stamp dictionaries.

Old Business: Remember to e-mail your volunteer hours to Leah.

We need to discuss ordering less pecans and fruit cakes next year.

Frances and BJ will check on stores for the fashion show.

We need to print tickets and put together raffle gifts for the fashion show.

Hostess for Feb. 8th meeting- Pat Flammang

Raffle gift for Feb. 8th meeting- Leah Saavedra-Chavez

No further business to discuss.

Minutes recorded by Pat Flammang

September 2009 Grant Cycle
Grants Awarded

This is from Donna Johnson President, Altrusa International.Inc.

Artesia, NM Brande Richardson (Individual)
\$1500.00

Delta, Colo Healthy Kids! Health and Safety
Fair \$500.00

Grand Junction, Colo Altrusa Art Fair
\$750.00

Montrose, Colo Lifeline Project \$1000.00

Here are some helpful hints from our former member Betty Adamson who moved to Colorado.

Take your bananas apart when you get home from the store. If you leave them connected at the stem, they ripen faster.

For a cool brownie treat, make brownies as directed. Melt Andes mints in a double boiler and pour over warm brownies. Let it set for a while. This makes a wonderful minty frosting.

Broken Glass Use a wet cotton ball or Q-tip to pick up the small shards of glass you can't see easily.

Mosquitoes Place a dryer sheet in your pocket. It will keep the mosquitoes away.





Happy Valentines Day

Altusa Minutes of 2.8.10

Members Present: Lucy Arzate-Boyles, Frances Kurtz, Leah Saavedra-Chavez, Ida Bender, Pat Flammang, Sue Stone, BJ Cielieski, Frances Apodaca, Judith Mead, and Annabell Poteat.

Guests: Nicole La Bo, Amelia Guzman, Jonathan Guzman and Leah Steimel.

Accent: Pat read the accent: "Beauty of a Woman"

Amelia talked about her trip to Paraguay last year. She stayed for 6 weeks and lived in a community of 25 people. Her group helped build energy saving stoves, taught children, wrote lesson plans, environmental health and hygiene and planted trees.

Jonathan talked about his trip either to Panama or Nicaragua. There are many requirements to meet before the trip. He will travel to El Paso to build his Spanish speaking skills and get paired with a student

from another state. There will be a fund raiser, Fiesta, at the National Hispanic Cultural Center, Saturday March 6th, 6:30pm

to 9pm. Raffle tickets are \$2.00 and dinner tickets are \$25.00. If you are interested you can e-mail Jonathan at joriguz@gmail.com. Motion was made and seconded to reward Jonathan Guzman \$150.00 for his trip with Amigos de las Americas.

Memorial for Mike Robertson donated the \$25.00 to Altrusa.

The garage sale will be at Frances Kurtz's home, 4700 Tierra Encantada NE, April 16th and 17th. Sue will advertise in the paper and order signs.

Minutes for the 1.11.10 meeting were accepted as e-mailed except for one change, January to February.

Remember to e-mail your volunteer hours to Leah.

Old Business: Annabell suggested we use Articles for the Spring Fashion Show. She will contact the manager to schedule. If any members have other suggestions e-mail Annabell. B.J. will print the tickets, Ida will print the program and Judith will check the

menu at Four Hills Country Club. There will be 20 raffle prizes and 20 door prizes. Each member will bring raffle gift and door prizes in gift bags ready to display.

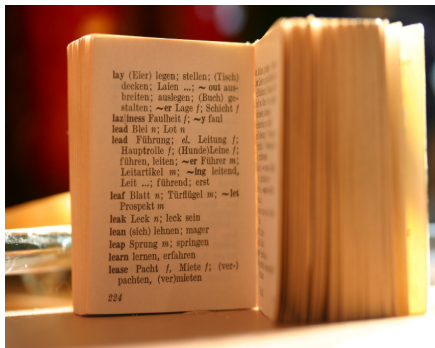
Correspondence: Ida received the Foundation tax and corporate insurance forms.

The registration form for the District Ten Conference in Colorado Springs will be in the Altra News. The conference is April 30th and May 1st, 2010.

February 22nd meeting will be **brown bag and held in the Conference Room.**

No further business to discuss.

Minutes recorded by Pat Flammang.



On February 25th Ida Bender, who was teaching, Frances Apodaca, Frances Kurts, Annabell Poteat and Sue Stone went to Van Buren Middle School and gave Dictionaries to the 6th Grade classes. They were real excited to get them. Most didn't have one at home to use.